

Readiness Interview Packet Holy Communion

First Holy Communion

Readiness Interview Questions for First Holy Communion

Child's name: _____ Interviewer: _____

1. The night before he died, Jesus ate a special meal with his apostles. What do we call that special meal?
2. What did Jesus do at the Last Supper that made it a very special meal?
3. When Jesus said, "This is my Body," what became of the bread?
Did the bread look or taste different?
4. When Jesus took a chalice of wine and said, "This is my Blood," what became of the wine?
Did the wine look or taste different?
5. Jesus wants us to celebrate and remember what he did at the Last Supper. What did he say?
6. When Jesus died, he offered himself as a sacrifice on the cross to save us from the power of sin. (A sacrifice is giving to God something that is precious to us.) When do we remember and celebrate what Jesus did at the Last Supper and his sacrifice on the cross?
7. What is another name for Holy Mass?
What does Eucharist mean?
8. At Holy Mass, the priest prays to the Holy Spirit to come and change the bread and wine into the Body and Blood of Jesus. What happens when the priest repeats the words of Jesus: "This is my Body...This is my Blood" at the part of the Mass called the Consecration?
9. Do the bread and wine look and taste different after they become the Body and Blood of Jesus Christ?
10. What do we call it when we receive the Body, Blood, Soul and Divinity of Jesus at Holy Mass?
11. Which Sunday Mass do you go to? (Sat. anticipatory Mass 5:00pm, Sun. 8:00am, 9:30am or, 12:00pm)?
12. Whose special family did we become members of when we were baptized?
13. What Sacrament prepares us for the Sacrament of Holy Eucharist?

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14. Is the food we receive in Holy Communion the same as the bread we eat at home? Follow up answer with question: How are they different?

15. God's family, the Church, asks us to participate fully at Mass. One way we can do this is to join in the responses at Mass. What is our response to the following?

For each of these following...	What is our response at Mass?
a. The Sign of the Cross at the beginning of Mass.	
b. The Lord be with you.	
c. Lord, have mercy.	
d. Christ, have mercy	
e. The word of the Lord.	
f. A reading from the holy Gospel according to John (or Matthew, or Mark, or Luke)	
g. The gospel of the Lord.	
h. <i>(At the General Intercessions.)</i> Let us pray to the Lord.	
i. the Mystery of Faith.	
j. The Body of Christ.	
k. The Blood of Christ.	
l. Go in the peace of Christ.	

Practice receiving the Body of Christ. *(According to Norms for receiving in the United States Dioceses, per the United States Council of Catholic Bishops).*

Receiving on tongue:

Bow to reverence Body of Christ when you're next in line.

"The Body of Christ." **Child:** " _____ "

Tilt head back, open mouth, extend tongue, flat.

Draw tongue in with Host (Body of Christ) carefully on tongue.

Receiving on hand:

Bow to reverence Body of Christ when you're next in line.

"The Body of Christ." **Child:** " _____ "

Hold out hand, palms flat (L over R if right handed), chin level.

Take Host with R hand and reverently put it in your mouth, while still in front of the priest.