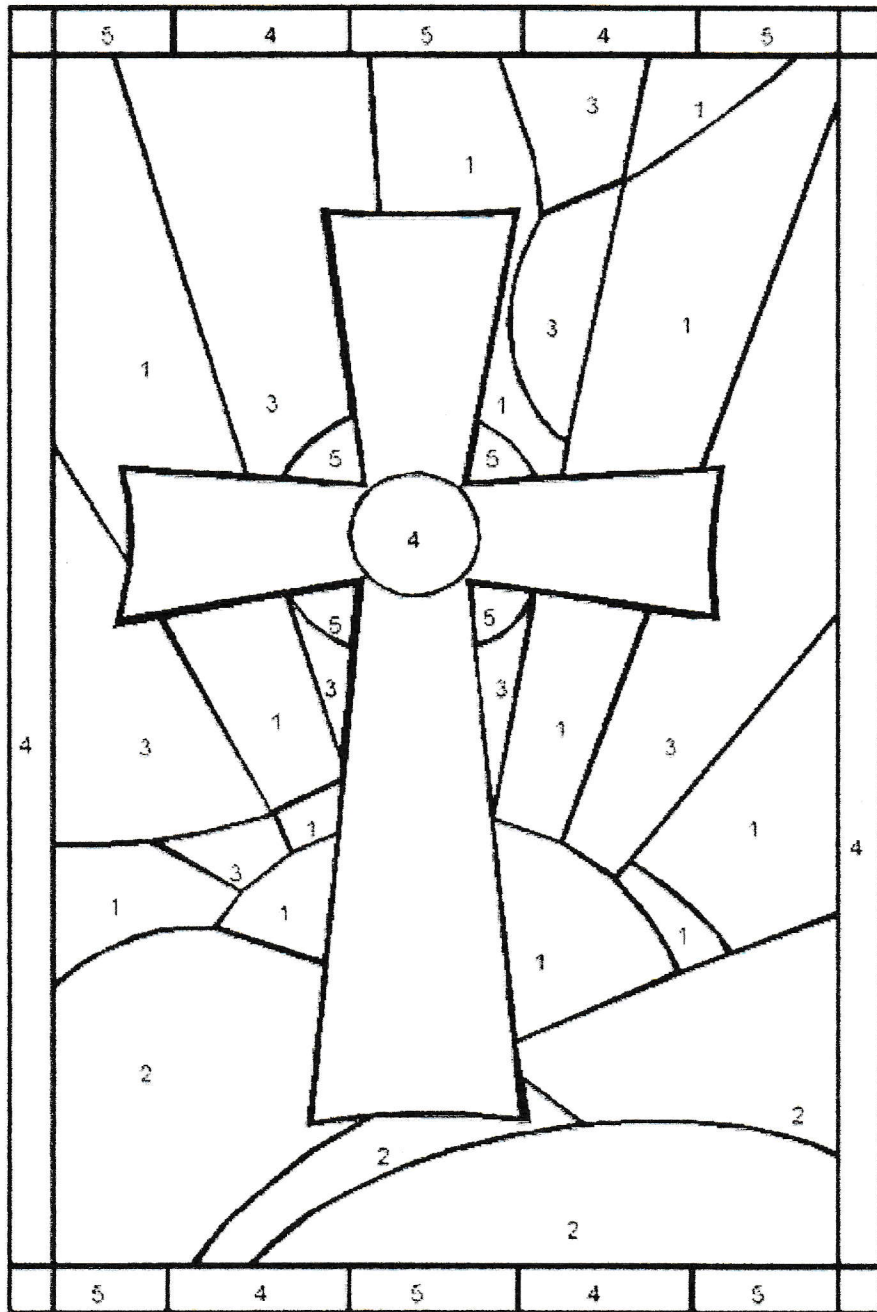


Lesson Plan Week # 13 – Lent & Reconciliation Prep

ATTENDANCE **TEACHER** **GRADE** **DATE**
 Carol Lindstrom 02 02-11-2024

PHASES **TEACHER GUIDE** **STUDENT GUIDE**

INTRODUCTION	Today's lesson is Lent	Coloring Page as we take attendance
PRAYER	The Sign of the Cross Act of Contrition The Sign of the Cross	Prayer is simply a conversation with God, one that shows respect for his unending love and power, but that is spoken in our own words. Page 244-245
LESSON	Lent Pages (221 – 223) (161-163) Chapter 20 Celebrating Lent and Holy Week Pages 163-166 (117-119 & 254)	Art Print 20
LESSON / ACTIVITY	Five Steps for Reconciliation	Cut out the five steps and talk about the order. Glue on the Hand in order
REVIEW	Chapter 1 in the blessed books	Worksheet to review
LESSON	Review the Act of Contrition and learn the meaning of the words	Work on breaking down the prayer and the meaning of the words
ANNOUNCEMENTS	Please collect all of your belongings. Bring your Folders & Books back next class	Return your name tag and supplies to Mrs. Lindstrom & Ms. McKinley Collect your sticker for Today
CLOSING PRAYER	Stand, Participate & Listen	Led by Mrs. Manley



1 - yellow

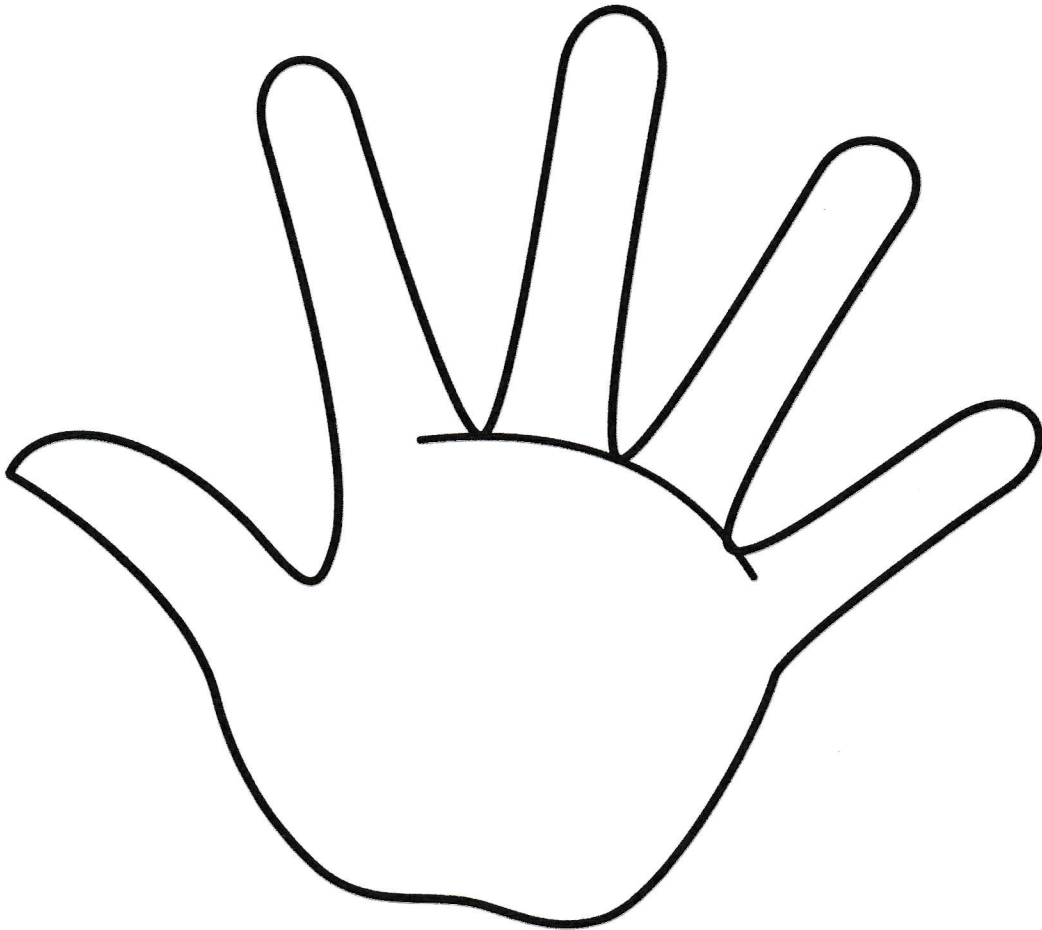
2 - green

3 - blue

4 - purple

5 - red

FIVE STEPS
For First Reconciliation



Examination of Conscience

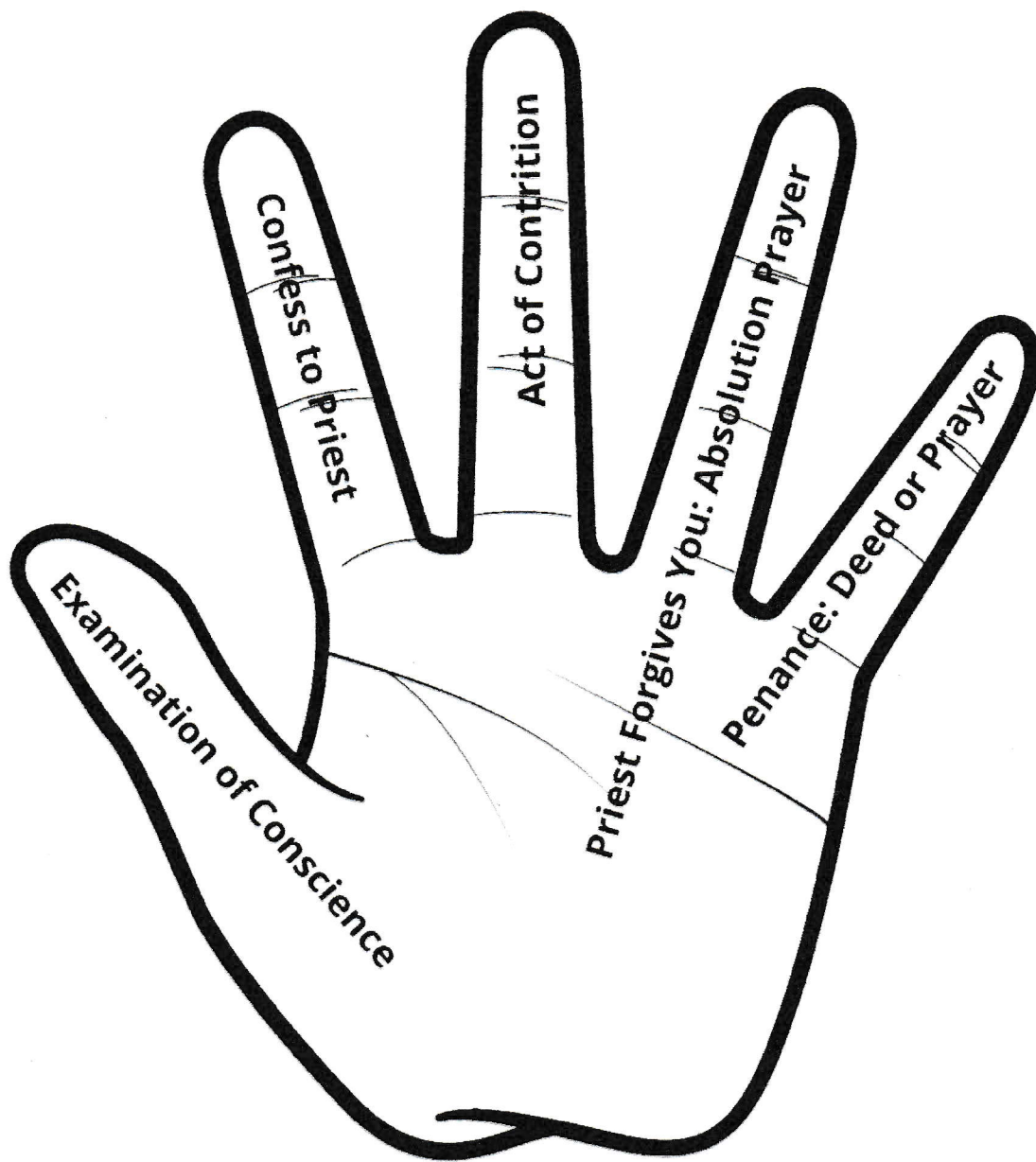
Act of Contrition

Confess to Priest

Priest Forgives you: Absolution

Penance: Deed or Prayer

FIVE STEPS For First Reconciliation



Show What You Know

True or False

1. _____ You are on a great journey with God.
2. _____ You have nothing to be grateful for.
3. _____ Gratitude is the worst response to any blessing.
4. _____ God wants you to become the-best-version-of-yourself.
5. _____ God loves a grateful heart.

Fill in the blank

1. The greatest blessing God has ever given you is _____.
2. When we count our blessings, we become full of _____ and _____.
3. The _____ is the largest and most famous family in the world.
4. _____ is the beginning of your new life in Jesus.
5. _____ reminds us that in Baptism God blessed us with a special mission and filled us with the Holy Spirit. _____



6. You are a member of God's _____.
7. When God blesses you abundantly, say _____
in a big way.
8. Every person in every Bible story has a _____
to teach you.
9. I am _____.
10. God blesses you so that you can _____ others.

Word Bank

CONFIRMATION LIFE JOY THANK YOU BLESSED FAMILY
CATHOLIC CHURCH BAPTISM BLESS GRATITUDE LESSON

NAME:

ACT OF CONTRITION

MEANING

My God, I am sorry for my sins with all my heart.	
In Choosing to do wrong	
And failing to do good	
I have sinned against You, whom I should love above all things	
I firmly intend, with your help	
To do penance,	
And to avoid whatever leads me to sin.	
Our Savior, Jesus Christ, suffered and died for us. In His name, my God, have mercy.	
Amen	

ACT OF CONTRITION

**My God, I am sorry for my sins with
all my heart.**

In choosing to do wrong

And failing to do good

**I have sinned against You, whom I
should love above all things**

I firmly intend, with your help

To do penance,

To sin no more,

**And to avoid whatever leads me to
sin.**

**Our Savior, Jesus Christ, suffered
and died for us. In His name, my
God, have mercy.**

Amen

MEANING

**I admit to God that I have behaved
selfishly and in unloving ways. I
am truly sorry.**

**Because I decided to do things that
were wrong,**

**And I didn't do things I should
have done,**

**I have hurt you, God, whom I
should love more than anything
else.**

With your help, I promise

**To do things to make up for the
harm I have done,**

**To change and be a more loving
person,**

**And to stay away from the people
and occasions that might tempt
me.**

**Jesus gave up his life so that I
could get to Heaven. Because of
this, I ask you to please forgive me.**

I believe this is true.